

School Health Advisory Committee
January 12, 2010
Minutes

In attendance: Tammy Moore, James Shumake, Elizabeth Jarvis, Dinah Redden, Penny Spivey, Sherry Shepherd, Andrea Seale, Stacy Amszi, Bryan Barbay, and Candy Yeager

1. Introductions were made and information about SHAC was given to new members
2. Minutes from October 26, 2010 were approved as read.
3. School Health Index (SHI) was explained as an eight model tool to help schools define and research what is in place and is not to be used as an audit system as a way to punish schools or its staff.
 - a. Campuses turned in their completed models to Tammy Moore, Chair Person. She will review them and contact each campus individually with suggestions, if needed.
 - b. The committee agreed that one goal-per model-per campus would be the standard for the 2010/2011 SHI. These goals should be set and in place by our May SHAC Meeting.
 - c. Once an area of need is identified through the SHI, the SHAC has the authority to recommend these needs to the Board of Trustees.
 - d. Mrs. Seale informed the committee that Safe and Drug Free Funds as well as The Tobacco Grant can be used to help reach some of these goals.
 - e. SHI Goals will be presented at the May 25, 2010 School Board Meeting. Tammy Moore will provide form to be completed.
4. There are currently no trainings available through ESC 6 or ESC 4 for CATCH.
 - a. Mrs. Seale will look into funds for bringing CATCH Training to our district.
 - b. The committee felt that we should re-visit the Whoa, Slow, and Go foods concepts.
5. The Staff Wellness Center located at Lincoln Junior High should be fully operational by the end of January.
6. The Fitness Gram has been in place for two years and currently tests grades 3-12.
 - a. Coach Barbay expressed a concern about the lack of participation and the validity of the data of junior high and high school aged students.
 - b. Committee discussed ways to encourage upper grade levels to want to achieve their personal best on the Fitness Gram. (optimal fitness level)
 - c. Results of the Fitness Gram will be due earlier this year.
 - d. Coach Barbay will present Fitness Gram progress report at March 9, 2010 SHAC meeting.
7. Mrs. Seale informed the committee that LJH was awarded the Fitness Now Grant in the amount of \$12,000 for the enhancement of PE and Health Services. She was also informed that the grant would have a broader scope next year.

We adjourned at 10:18AM

Next meeting will be March 9, 2010 at 8:30AM in the COCISD Administration Building.