

ColdSpring-Oakhurst CISD S.H.A.C.

Goals and Objectives Current School Year and Our Current Status:

The current goals and objectives for the 2009/2010 school year are to:

1. Conduct the School Health Index (SHI).
 - a. – We have completed the survey campus wide as of the end of March.
2. To have each campus form at least one goal per each of the eight models identified in the SHI.
 - a. – We are working on goal formation currently.
3. Present to the CISD School Board in the month of June about the activities of S.H.A.C.
4. To host the Student Focused Health Fair on May 4th for all students in grades 6-12.
 - a. It is in full swing and will be May 4th.
5. To work to increase student participation in the FitnessGram at the LJH and CHS campuses.
 - a. We reviewed data at the March meeting and made some decisions to try to increase student participation and effort.
 - b. The Superintendent will address with students individually at the Health Fair.
6. To put a Staff wellness center in at the LJH campus. Staff wellness is one of the eight components.
 - a. This is in place as of Jan. 2010, with the exception of a treadmill.
7. To change meetings to four times a year as newly mandated. Our current bylaws state three meeting will be held.
 - a. At our first meeting of the year, we voted to add a May meeting. This has been done.
8. To make sure we have at least 5 voting members.
 - a. Each campus has committed to bring on at least one parent.
9. To have the chairperson attend the monthly SHAC trainings at ESC6.
 - a. This has been done.

Goals and Objectives on the Table for Next Year:

1. We will look at bylaws and possibly amend in Oct.
2. We will be voting for new officers in Oct.
3. Try to increase parent participation.
4. Setting up and have a fall event to focus on type 1 diabetes.
5. Repeat the Student Focused Health Fair.
6. Revisit FitnessGram success and failures.
7. Work with the principal at James Street Elementary to create a model that layers health and wellness into daily life on the campus.